



Course Information, Curriculum and Modules

Diploma in Manipulative Therapy

**Office: 27 Craigs Avenue, Corstorphine,
Edinburgh, EH12 8HS**

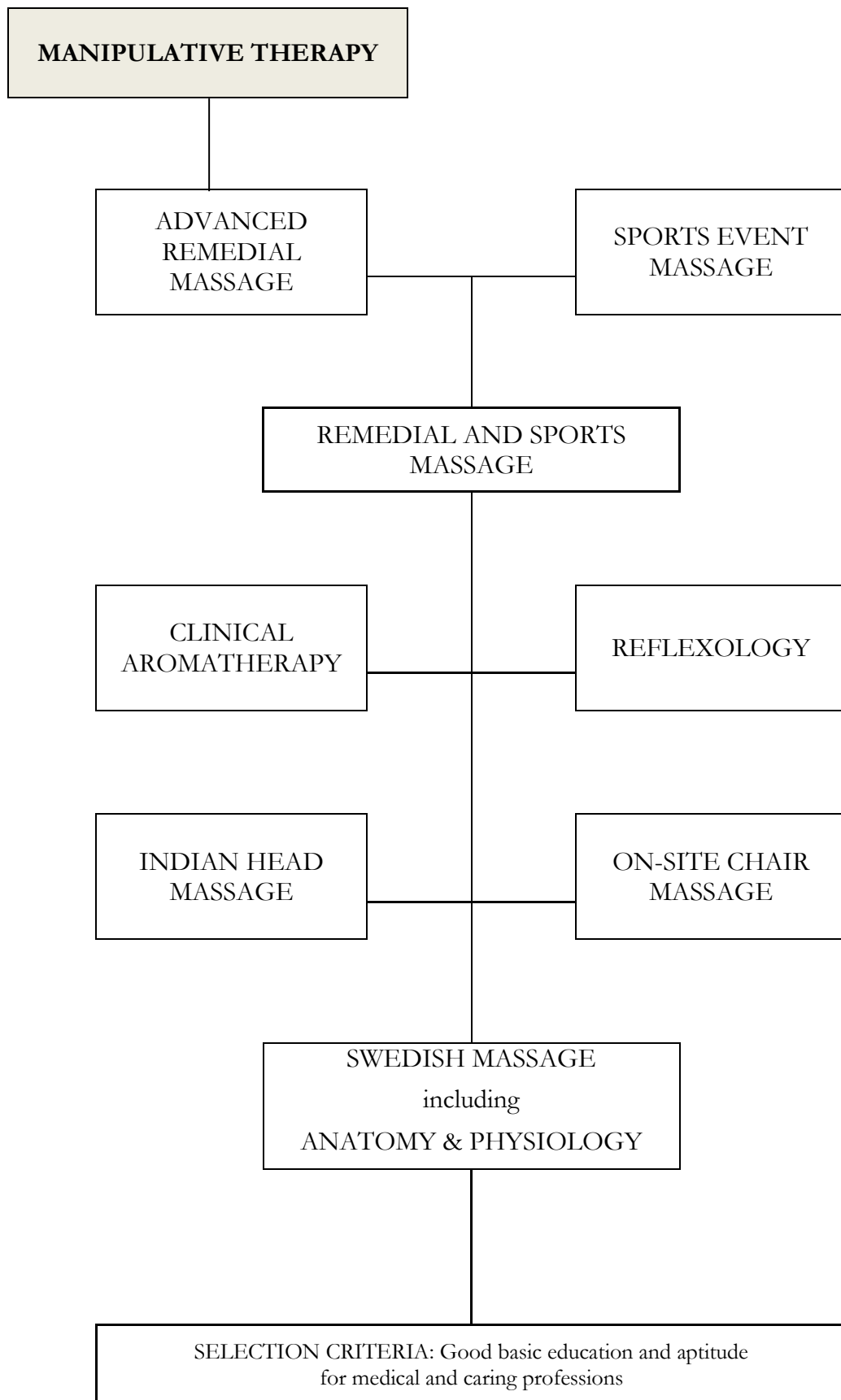
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CAREER PROGRESSION

The courses run by Scottish Massage Schools are intended to provide the serious student with a complete career structure.



DIPLOMA IN MANIPULATIVE THERAPY

To gain a Diploma in Manipulative Therapy the student must:

1. Attend over 70+ hours of training over 2 separate 5-weekday modules.
2. Complete home assignments, practice the Manipulative Therapy skills learned at each module.
3. Attain the required standard, passing the final practical assessments
4. Compile the required case studies to the standard required and submit
5. Have the attitude and professionalism required for a Manipulative Therapist.

This Course is consists of two (2) 5-day weeks of training in Manipulative Therapy.

ENTRY REQUIREMENTS:

Diploma in Advanced Remedial Massage.

Time management, motivation and a reasonable level of fitness are necessary for the home study and practise required.

AFFILIATION

Graduates are invited to join the SMTO for membership and insurance to practice.

SCOTTISH MASSAGE SCHOOLS

Aberdeen:	Curl Aberdeen, Eday Walk, Summerhill, Aberdeen AB15 6LN
Inverness:	Moray Firth Training Centre, 32 Harbour Road, Inverness IV1 1UF
Perth:	10 th Perthshire Scout Hall, Murray Place, Perth, PH1 1NJ.
Edinburgh:	Edinburgh Academy Junior School, 10 Arboretum Road, Edinburgh EH3 5PL
Borders:	Gordon Fox Dance Academy, Unit 5, Abbotsford Court Business Centre, Kelso, TD5 7BQ

For course details at all schools, please contact:

Lorna Forrester, Principal, Scottish Massage Schools,
on 08454-757871, info@scottishmassage.co.uk

FEES

There is a non-refundable registration fee of £400 to be paid. Then tuition fees of £1200 can either be paid 30 days before the start of the course or 4 payments of £325 paid monthly by banker's order.

Should a course not run, the registration fee and any tuition fees paid, will be returned. All fees must be paid before the course starts.

REGISTRATION

Please complete application form and return to Scottish Massage Schools, along with your registration fee, as soon as possible to avoid disappointment.

DATES

These are found enclosed in the enquiry letter. Start dates for all courses can also be found on our website <http://www.scottishmassage.co.uk/diploma/manipulativeDates.html>

DURATION

Two (2) 5-day weeks; 9am – 5pm, Monday to Friday.

VENUES

Edinburgh: Venue to be confirmed.

B&B

A list of bed and breakfast establishments is available on request.

ATTENDANCE / ABSENCES

100% is required. No absence allowed during this course.

COURSE REGULATION

The modules and curriculum comply with those set by the General Council for Massage Therapy, which is the governing body for massage therapies and all bodyworks and soft tissue techniques in the UK. GCMT establishes and maintains national standards of Training, Conduct and Competence. <http://www.gcmt.org.uk>

REQUIREMENTS

Please bring a portable massage couch, two bath sheet towels, two bath towels, and three pillows. Notebook and pen are also necessary.

HANDOUTS

You will receive handouts, which we hope will help you in your studying.

ASSESSMENTS

Continuous assessment applies throughout the course. A Clinical Practice assessment will take place at the end of the 2nd week on a member of the general public.

EXTERNAL EXAMINER

An external examiner presides at the Final Assessments to ensure that standards are upheld.

RESITS

If the required standard is not reached and the examinations are not passed; resits will be organised within three months of the examination date. Resit fee £100. Only one resit is allowed.

DISCONTINUATION OF TRAINING

The Principal and/or Head of Studies reserve the right to discontinue the training with any trainee therapist who is likely to bring disrepute to the profession, or is not keeping finances up to date.

COURSE TUTORS

Dr Robert Goodrum PT. DO. COC. MSc. ITEC. FA. MCSP. SRP

Robbie is Registered with The General Osteopathic Council (GOsC) and he is a state registered Physiotherapist HPC. He is a member of the chartered society of Physiotherapists, and a member of ITEC, the International examination council, as a Sports therapist and Sports massage therapist. Robbie has worked in the UK for 13 years as a clinician in his own clinic in Essex. Robbie's interests are spinal problems, sport injuries and health and wellness. He had contracts with Ford motor company for over 10 years. Robbie owns an International therapy school "Goodrum Papaphotis seminars" teaching manual Therapy. He is Director and Principal of Goodrum Papaphotis seminars

Lorna Forrester RMT DCA DIR DOSM SMTO - Principal of Scottish Massage Schools.

Lorna is a practising Remedial and Sports Massage Therapist, Clinical Aromatherapist, Reflexologist and On-Site Massage Therapist in Edinburgh, and runs her own company offering Massage in the Workplace to businesses throughout the UK.

DIPLOMA

A Diploma in Manipulative Therapy is awarded to graduates who successfully complete the course, satisfy all the criteria, have submitted case studies, and are considered to be competent and professional Manipulative Therapists. Graduates are entitled to use the letters D.Manip. after their name.

INSURANCE

Insurance to practice can be obtained through various organisations. Before the start of the course, all students should advise their insurance company that they will be undertaking the Manipulative Therapy course and request student cover to be added to their policy:

Manipulative Therapy (student case study work including work prior to getting the qualification).

All students should bring a copy of their updated insurance certificate with them on the first weekend.

FIRST AID

All students must have a valid First Aid certificate. This must be produced at the start of the course. Arrangements can be made to update your certificate along side the Swedish Massage course students at a nominal fee.

CONTENTS OF MODULE: MANIPULATIVE THERAPY

APBC Advanced Postural Biomechanical Corrections have been developed over 24 years, by Robbie Goodrum. Its roots come from using the best modified techniques from osteopathy, chiropractic and physiotherapy, with 40% of Robbie's own techniques. Robbie uses his own APBC assessment to effectively treat all the patient's holistic needs.

APBC is an individual technique in its own right, and is gentle, safe and very effective.

Balens Insurance will cover you to be a Manipulative Therapist.

Module 1: Certificate in Manipulative Therapy (5 days)

You will be taught how to examine the cervical, thoracic, lumbar spine and pelvis. Then you can formulate a differential diagnosis to give an effective treatment plan. Each class will involve more than 90% hand-on practice. You will learn:

- Differential Diagnoses
- Cervical, Thoracic and Lumbar facet pain
- Muscle strain
- DJD - Degenerative Joint Disease
- DislocationSubluxation
- Somatic dysfunction
- Fractures
- Ligament injury
- Scoliosis: Congenital, Structural or Postural
- Lumbar facet syndrome
- Prolapsed lumbar disc
- Annular Tear
- Nerve root impingement or entrapment
- Central Stenosis
- Lateral Stenosis
- Claudication vascular v Neurological
- Piriformis syndrome
- SI joint dysfunction
- Peroneal nerve entrapment
- Thoracic outlet syndrome
- Carpal tunnel syndrome
- Pronator Teres syndrome
- Disc prolapse
- Lateral stenosis
- Central stenosis
- Fracture
- Facet impingement
- SOL space occupying lesion
- Nerve root impingement entrapment

Subluxations/Somatic dysfunction taught are:

- Ilium-sacral subluxation
- Sacro-iliac subluxation
- Cervical, thoracic and cervical subluxations.

Module 2 - Advanced: Diploma in Spinal Manipulation (5 days)

You will be taught to assess multiple pelvic and spinal subluxations in combination with visceral pathologies. You will be able to formulate a differential diagnosis to give an effective treatment and rehabilitation. Each class will involve more than 90% hand-on practice .

You will learn a unique method of analysis which can be better than palpation alone using the innate intelligence of the body. With special modified tests you will soon discover a new world of misalignments and subluxation that you did not know even existed.

Each technique class will be very practical. 90% of the class will involve hands-on practice with techniques from modified osteopathy and chiropractic techniques, taught as APBC Techniques. Short lever and long lever manipulation is explored along with specific soft tissue and rehabilitation techniques. The technique's taught will be:

1. Specific APBC adjusting technique.
2. Leg length neurological testing
3. Fascial testing for somatic dysfunction
4. Occipital testing technique
5. Adjuster Pro technique - Mechanical adjustments
(The Adjuster Pro is a hand-held instrument similar to an Activator)
6. APBC Articulation / Mobilization methods
7. APBC Soft tissue methods to integrate Manipulation into a treatment plan.
8. APBC Rehabilitation for the spine and pelvis.
9. EMG Computer studies to prove subluxation.

Subluxation/Somatic dysfunction taught are:

- Advance ilium subluxations
- Pubic joint subluxations
- Advance coccyx subluxations
- Advance lumbar subluxations
- Thoracic subluxations
- Anterior subluxations of the cervical, thoracic & lumbar spine
- Extra Atlas subluxations
- Occiput subluxations
- TMJ subluxation
- Globally twisted rib cage
- Sternal costal subluxations
- Costal vertebral & costal transverse subluxations - either anterior, posterior, interior or superior.